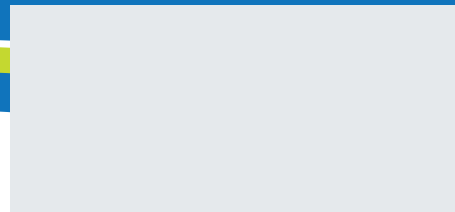


In-Person Group Sessions

Quit tobacco with **Group Quit.**

There's never been a more
important time to quit.

Sponsored by:



Virtual Group Sessions

Group Schedule:

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group
Quit sessions, contact:

Quit Smoking Now
ZOOM

Mondays

10:00 AM to 11:00AM

November

4th, 11th, 18th, & 25th

December

2nd, 9th, 16th, & 23rd

Please Call to Preregister

850-398-6965



**Florida
HEALTH**

Learn more about all of
Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway